

MASSAGE

BACK AND SHOULDERS

A massage dedicated to two of our most tension riddled areas. Enjoy focused, firm pressure to knead away pain and stress, while also being specifically designed for those on-the-go.

30 Minutes

SWEDISH MASSAGE

Gentle and relaxing Swedish massage is designed to enhance relaxation and our general well-being. This massage focuses on our body's superficial layers and promotes healthy circulation.

60 Minutes, 90 Minutes

DEEP TISSUE

Designed for maximum pain relief our deep tissue massage targets the body's knots and bands of rigid tissue that can limit our range of motion and cause inflammation.

60 Minutes, 90 Minutes

REFLEXOLOGY

Also known as Zone Therapy this massage targets specific points on our feet using unique pressure. Reflexology is known to refresh and recalibrate the body.

30 Minutes, 60 Minutes



N A M A S T E

N A I L S A N C T U A R Y

MIND.BODY.NAILS.MASSAGE.

5250 Town Center Circle #127,

Boca Raton, FL 33486

561-299-5439

namastenailsanctuary.com



ADD-ONS

CANNOT BE ADDED TO NAIL SERVICES

CBD INFUSION

Organic and pain-relieving CBD cream

BACK FACIAL

Organic sugar scrub and hot towel

PARAFFIN HANDS + FEET

10 MIN FACE MASSAGE

10 MIN SCALP MASSAGE

20 MIN HAND + FOOT

REFLEXOLOGY

Application of pressure to specific zones of the hands and feet.

CANCELTION POLICY:

Credit cards required at the time of booking to hold reservations, no call/no show/same day cancelation will result in a 100% charge of the service.

MM4183

NAILS

EXPRESS

A streamlined, dry version of our Enlightened Service, perfect for those on-the-go.

Manicure & Pedicure

ENLIGHTENED

Revitalize those hard-working hands and feet. Includes a cleansing hydrosol mist, nail shaping, cuticle care, light foot filing and foot scrub, a hydrating massage, hot towel wrap with a classic polish or natural shiny buff.

Manicure, Gel Manicure, & Pedicure

NAMASTE SIGNATURE

Indulge yourself with our upgraded mani and/or pedi which includes a cooling eye mask, warm herbal neck wrap, cleansing hydrosol mist, nail shaping, cuticle care, foot filing, premium foot & calf exfoliation, hot towel wraps and a mentholated foot & calf massage using our Signature Namaste products. Includes classic polish or a natural or shiny buff.

Manicure, Gel Manicure, & Pedicure

SIGNATURE DELUXE PEDICURE

The ultimate in pampering and self-care, the Deluxe is the upgraded, longer version of our Namaste. Comes with a touch of aroma therapy this pedicure includes either our Signature Namaste, Lavender or Lemongrass products. |

Pedicure

GENTLEMENS CLASSIC

Includes a cleansing hydrosol mist, followed by nail shaping, cuticle care, foot filing, foot and/or hand massage, hot towel wrap and nails buffed to a shine or clear polish.

Manicure & Pedicure

DAZZLE DRY

Dazzle Dry is vegan, cruelty-free, and formulated without harsh chemicals. No soak-off or UV required. Dries in 5 minutes and lasts 7-12+ days chip free. A great alternative to gel polish.

Dazzle Dry Upgrade Hands or Feet

Dazzle Dry Upgrade Hands/Feet Combo

Bring Your Own

IBX STRENGTHENING MANICURE

A deeply hydrating and revitalizing treatment in addition to a full manicure, for thin, dry cracked and damaged nails.

Manicure & Treatment

POLYGEL

A softer, easier to remove alternative to hard gel and acrylic.

Overlay, With Tips, & Fill

HARD GEL

Healthier acrylic alternative.

Overlay, With Tips, & Fill

ACRYLIC

Overlay, With Tips, & Fill

OPI DIP MANICURE

Overlay, With Soak Off, & With Tips

APRES GEL-X

A unique nail extension system intended for short term use with a gentler removal process.

Full Set, Full Set & Removal

RUSSIAN MANICURE

This is a dry manicure performed with an e-file to remove excess skin that grows around the nail bed to deliver extremely clean and crisp results. A natural or hard gel finish is then applied to the nail bed.

Natural Finish & Hard Gel Finish

ADD-ONS

POLISH CHANGE **HANDS, FEET**

FRENCH TIPS

NAIL ART

Chrome, gems, temperature changing polish & designs, etc.

GEL POLISH REMOVAL

NAIL REPAIR

ENHANCED ELEMENT REMOVAL

CALLUS RESCUE TREATMENT

Softens and smooths the skin, safe for diabetics and beneficial for the health of your feet.

PARAFFIN FROTHING TREATMENT

LONGER FOOT MASSAGE

TOE NAIL RECONSTRUCTION

WAXING

Face & Body Waxing Available Upon Request, Call for Details

WE TAKE PRIDE IN OUR ABILITY TO PROVIDE RELAXING ESCAPISM FOR OUR CLIENTS, AS SUCH PLEASE ALLOW ADDITIONAL TIME FOR YOUR APPOINTMENTS, WE ARE NOT YOUR TRADITIONAL NAIL SALON. NAMASTE.