

MASSAGE

BODY SERVICES

BACK AND SHOULDERS

A massage dedicated to two of our most tension riddled areas. Enjoy focused, firm pressure to knead away pain and stress, while also being specifically designed for those on-the-go.

30 Minutes... \$60

SWEDISH MASSAGE

Gentle and relaxing Swedish massage is designed to enhance relaxation and our general well-being. This massage focuses on our body's superficial layers and promotes healthy circulation.

60 Minutes... \$97 90 Minutes... \$135

DEEP TISSUE

Designed for maximum pain relief our deep tissue massage targets the body's knots and bands of rigid tissue that can limit our range of motion and cause inflammation.

60 Minutes... \$107 90 Minutes... \$145

REFLEXOLOGY

Also known as Zone Therapy this massage targets specific points on our feet using unique pressure. Reflexology is known to refresh and recalibrate the body.

30 Minutes... \$60 60 Minutes... \$90

MATERNITY MASSAGE

For Mother's in their 2nd and 3rd trimester, this massage is designed to pamper and soothe a woman's body with our most nurturing touch. Perfect to relieve muscle cramps, aches and de-stress the mind and muscles.

60 Minutes... \$90



ADD-ONS

Add-ons to compliment our body services.

CBD INFUSION... \$10

Organic and pain relieving CBD cream

BACK FACIAL... \$10

Organic sugar scrub and hot towel

PARAFFIN HANDS+ FEET

.... \$24

10 MIN FACE MASSAGE

... \$15

10 MIN SCALP MASSAGE

... \$15

20 MIN HAND + FOOT

REFLEXOLOGY... \$40

Application of pressure to specific zones of the hands and feet

CANCELATION POLICY:

Credit cards required at the time of booking to hold reservations, no call/no show/same day cancelation will result in a 50% charge of the service.